Do you or your child have one or more of these symptoms?



Extreme thirst



Tiredness/no energy



Weight loss



Blurred vision



Frequently urinating

If so, talk to your doctor. It's possible that you or your child may have type 1 diabetes.



JDRF is the type 1 diabetes charity. We provide free support, resources and events for everyone affected by the condition. For more information go to: jdrf.org.uk