

Good Beginnings

For parents/carers of Early Years children (aged 5 or under), who have autism or social communication needs.



Content includes...

Guidance and strategies for:

- Understanding autism
- Communication
- Play
- Sensory processing
- Behaviour is communication
- Eating, sleeping and toileting
- Managing Anxiety



Essex County Council



Please go to the Local Offer <http://www.essexlocaloffer.org.uk/event/good-beginnings-course/> to find out further details